



Felician Sisters Child Care Centers, Inc.
St. Mary Child Care Center

November

2019

Classrooms 1-5 Receive Whole Milk Daily
Classrooms 6-9 Receive 1% Milk Daily
Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>28 <u>Peaches and Cottage Cheese</u> Grilled Cheese w/Tomato Soup, Broccoli, Applesauce Pretzel Rods, Dried Apricot</p>	<p>29 <u>Yogurt, Rice Chex</u> Baked Chicken, <u>Roasted Cauliflower</u>, Fresh Melon and Roll ½ Mozzarella Stick, Saltines</p>	<p>30 <u>Graham Crackers, Plum</u> Scrambled Eggs, Sausage Patty, Biscuit, Blueberries Animal Crackers, Raisins</p>	<p>31 <u>Banana and Cheerios</u> Cheese Pizza, Salad w/Ranch, Breadstick, <u>Apple Slices</u> Chips and Guacamole</p>	<p>Nov 1 <u>Pancake and Oranges</u> Tuna Noodle Casserole w/peas and <u>Fruit Cocktail</u> Cucumbers and Ranch</p>
<p>4 <u>Oatmeal w/Brown Sugar</u> Meatloaf w/ Gravy, Mashed Potatoes, Green Beans, <u>Peaches</u> Fish Crackers, Raisins</p>	<p>5 <u>Pumpkin Muffin</u>, Raisins Soft Taco, Rice w/salsa, <u>Corn, Avocado, Applesauce</u> Pretzel Rods, Dried Apricot</p>	<p>6 <u>Banana, Cheerios</u> Lasagna Roll w/Marinara, <u>Broccoli, Blueberries, Roll</u> Veggie Straws</p>	<p>7 <u>Fresh Peach, Rice Chex</u> French Toast, Sausage Patty, <u>Diced Potatoes, Apple Slices</u> Cheese and Crackers</p>	<p>8 <u>Pancake and Oranges</u> <u>Chicken Pot Pie w/Biscuit Top, Peas & Carrots, Mixed Fruit</u> Chips and Salsa</p>
<p>11 <u>Cottage Cheese, Peaches</u> Spaghetti w/Marinara, Carrots, Pineapple, <u>Garlic Bread</u> Vanilla Wafers, Dried Fruit</p>	<p>12 <u>Apple Cinnamon Cereal Bar</u> Meatloaf w/Gravy, <u>Diced Potato, Butternut Squash, Pears</u> Pita Chips and Hummus</p>	<p>13 <u>Pancake and Blueberries</u> Baked Chicken, <u>Scalloped Potatoes, Corn, Applesauce</u> Fish Crackers, Raisins</p>	<p>14 <u>Banana, Graham Cracker</u> Grilled Cheese, Chicken <u>Noodle Soup, Orange Slices</u> Cucumbers and Ranch</p>	<p>15 <u>Oatmeal and Fresh Pear</u> Lasagna Roll w/Marinara, <u>Broccoli, Blueberries</u> Chips and Guacamole</p>
<p>18 <u>Yogurt and Apple Slices</u> Meatballs w/Gravy, <u>Rice, Carrots, Pears</u> Chips and Salsa</p>	<p>19 <u>Blueberries, Corn Chex</u> Cheese Ravioli, Green Beans, <u>Garlic Bread, Oranges</u> Pita Chips and Hummus</p>	<p>20 <u>Pumpkin Muffin, Raisins</u> Turkey & Cheese Sandwich, <u>Chicken Noodle Soup, Pineapple</u> Animal Crackers, Dried Apples</p>	<p>21 <u>Yogurt, Rice Chex</u> <u>Chicken Pot Pie w/Biscuit Top, Peas & Carrots, Mixed Fruit</u> Veggie Straws</p>	<p>22 <u>Bananas, Cheerios</u> Waffles & Syrup, Turkey Sausage, <u>Diced Potatoes, Fresh Peaches</u> Vanilla Wafers, Dried Fruit</p>
<p>25 <u>½ English Muffin w/Jelly</u> Baked Chicken, <u>Roasted Cauliflower, Scalloped Potatoes, Blueberries</u> Soft Pretzel Fish Crackers, Raisins</p>	<p>26 <u>Yogurt, Apple Slices</u> Soft Taco, Rice w/salsa, <u>Corn, Avocado, Pineapple</u> Chips and Salsa</p>	<p>27 <u>Oatmeal and Banana</u> Rotini w/Marinara, Carrots, Oranges, <u>Garlic Bread</u> Cucumbers and Ranch</p>	<p>28 Happy Thanksgiving! <u>Center Closed</u></p>	<p>29 <u>Center Closed</u></p>

A Felician-Sponsored Ministry

Respect for Human Dignity * Compassion * Transformation * Solidarity with the Poor * Justice & Peace